

## KILIMANJARO SUMMIT CLIMB

### *Machame Route (Seven Days)*

*The seven-day Machame route sees you climb to Kilimanjaro's summit via Shira Plateau, the Southern Flank, Barranco Wall and Barafu. The descent is via the wilderness Mweka Route.*



#### **Day 01 Arrive Arusha (1 night, Moivaro Coffee Lodge)**

**D**

On arrival at the airport, you will be met by our driver/guide and transferred to Moivaro Lodge for one night (half-board).



Moivaro Lodge is set on a working coffee plantation on the outskirts of Arusha. Removed from the busy city centre, it serves as a lovely base from which to enjoy the impressive safari and trekking opportunities of East Africa, with good access to Kilimanjaro and the northern safari parks of Tanzania.

You can choose to relax and take in the beautiful vista of Mount Meru from your garden cottage verandah, enjoy a drink at the cosy bar with fireplace, or perhaps just laze at the pool or amid the tropical trees and coffee plants in the gardens.

This evening there will be a climb briefing covering kit, camping arrangements, and what to expect on the

mountain (climate, altitude etc), as well as tomorrow's transfer times. This is a good chance to ask any questions you may have about the coming climb, particularly any concerns regarding kit.

## Day 02 Start the 7-Day Machame Route Climb

B, L, D



Depart Moivaro Lodge after breakfast and transfer approx. 3 hours to the Machame trailhead (1,800m), on the south-western face of Kilimanjaro. After a final orientation and kit check, we register at Machame Gate, then begin the 7-day Machame Route climb.

The trail starts with a short walk through the banana and coffee plantations around Machame village, before ascending a ridge through rich montane forest. This is the most densely forested area on the mountain, and the source of much of the mountain's rainfall. On sunny days, and especially in the dry season, the trail is green and beautiful; but in the wet season it can be a very muddy experience!

We have lunch at a clearing in the forest, and then continue to climb at a steady pace. The trail eases this afternoon, becoming less steep as we leave the

rainforest and enter the giant heather zone.

From our camp at **Machame Hut** (3,000m), we may get our first glimpse of the glaciated dome of Kibo this evening, provided the clouds permit. [5-7 hours walking]

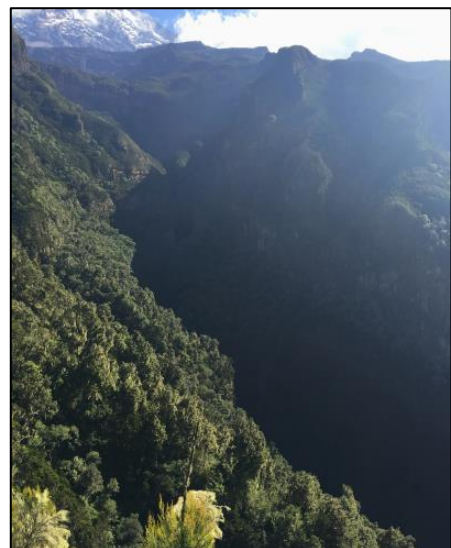
## Day 03 To Shira Hut

B, L, D

This morning's trek is steep to begin with, as we leave the forest belt and ascend a high ridge to reach Shira Plateau. The rest of the route is on more level terrain, as we make our way through the heath and moorland that characterises Kilimanjaro's low Alpine zone to reach our camp at **Shira Hut** (3,895m).

There is a tangible sense of wilderness here (especially when the afternoon mists come in!) and the views of Mt. Meru floating on the clouds, visible from camp, are simply unforgettable. [4-5 hours walking]

At Shira Hut and Barranco Camp (tomorrow's campsite), the Machame and Lemosho/Shira trails begin to merge, so you can expect a bit more bustle at camp from tonight onwards, particularly in the peak climbing season.



## Day 04 To Barranco Camp

B, L, D

A superb day's trek that takes us to the southern flank, then down the spectacularly scenic Barranco Valley to our camp at 3,900m, **Barranco Huts**. This is only slightly higher than our camp



at Shira Huts, but our trek past Lava Tower – with acclimatisation trek to Arrow Glacier – will have taken us over 4,500 metres, offering valuable altitude acclimatisation.



The camp at Barranco is one of the most spectacular on Kilimanjaro, with dramatic views of Kibo. [7 hours walking]

## Day 05 To Karanga Valley Camp B, L, D

Early morning climb up Barranco Wall (4,270m), with 800ft. of steep climbing and 400ft. of easy ascent, to admire the views of Meru and the plains far below. We then continue on a steep ridge to reach **Karanga Valley Camp** (4,100m), where we have a relaxed afternoon and dinner. [5-7 hours walking]

*This afternoon there will be an optional and highly useful acclimatization trek to just below the glaciers, which will allow you to try scree walking, for those members of the group with energy reserves to spare.*



## Day 06 To Barafu Camp B, L, D

We leave the Karanga Valley this morning, following an easy path on compact scree, and gaining altitude rapidly as we approach **Barafu** campsite (4,680m).

After lunch in camp, there will be the option of a short acclimatisation walk to the plateau at the bottom of the South-East valley (4,800m). The remainder of the day is spent resting in preparation for the final ascent – a very early night tonight. [3-5 hours walking]

## Day 07 Summit Night

B, L, D



We start our ascent by torchlight just after midnight so that we can be up on the Crater rim by sunrise. The steep climb over loose volcanic scree has some well-graded zigzags. Trekking at a slow but steady pace will take us to Stella Point (5,735m) in about five or six hours. We will rest there for a short time to enjoy the sunrise over Mawenzi.

Those who are still feeling strong can make the two hour round trip from Stella Point along the crater rim to Uhuru Peak (5,896m), passing close to the spectacular glaciers and ice cliffs that still occupy most of the summit area.

From the summit, the descent to Barafu is surprisingly fast, and after some refreshment, we continue to descend to reach our final campsite, Millennium Camp (3,820m), on Mweka Route. [11-15 hours walking]

## Day 08 Descend Mountain (1 night, Moivaro Coffee Lodge)

B, L, D

A sustained descent on a well-trodden path through tropical rainforest to the National Park gate at Mweka (1,650m), and then on to Mweka village. [3-5 hours walking].

We will be met in Mweka and transferred to Moivaro Lodge for a well-earned hot shower, dinner and rest!

## Day 09 Int'l departure / safari or beach extension

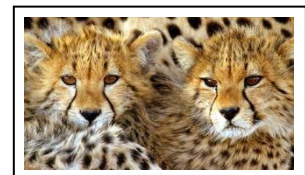
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Today is spent at leisure at Moivaro Lodge until your scheduled transfer to Kilimanjaro Airport for your homeward flight or onward connection.

If flying this afternoon or evening, you are welcome to continue to use the lodge facilities after check-out. A day room can also be booked on request for late departures.

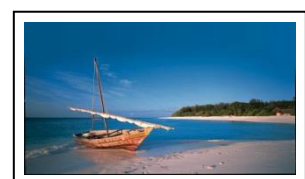
### Safari Add-On

*Numerous options for safaris can be arranged to follow your climb. All at affordable prices, from one-day to one-week safaris, camping or lodge, or both.*



### Zanzibar Add-On

*A four-night visit to the tropical island of Zanzibar will add £600 upwards to your tour cost. This includes all regional flights, transfers, and half board in a simple East Coast hotel.*



## Climb rates and booking information

For climb rates, please see our [Kilimanjaro price guide](#). Alternatively, [contact us](#) directly for a quote. We arrange both private and open group climbs on Kilimanjaro and Meru.

## Trade and Safety Profile

- ❖ Gane and Marshall, founded in 1991, are licensed under ATOL number 3145.
- ❖ Gane and Marshall are bonded with ABTOT, the Association of Bonded Travel Organisers Trust, under membership number 5453.
- ❖ Gane and Marshall are members of the Institute of Mountain Medicine.
- ❖ Gane and Marshall are approved partners of IMEC (International Mountain Explorers Connection) – working for fair pay and conditions for Kilimanjaro porters and guides.
- ❖ Gane and Marshall fund guide scholarships through the Kilimanjaro Guide Scholarship Foundation.
- ❖ Gane and Marshall actively support the UK registered charity Community Projects Africa, funding and managing educational and health projects in East Africa. Ask to see the projects we support near Kilimanjaro.

## One of the many references you will find on our website

*I was extremely glad that I chose Gane and Marshall for my long awaited Kilimanjaro attempt. Route selection was excellent giving plenty and much needed time to acclimatise. You dealt extremely promptly and knowledgably with all my questions during the booking and preparation process and your information on training and gear was well informed and invaluable.*



*Our entire team of porters were friendly and helpful and all the facilities (camping, cooking and hygiene) were as good as could possibly be expected in mountain conditions.*

*Our guide was well informed and extremely competent; he was as determined as us that we would get to the top and was an enormous help and support.*

*The arrangements for the whole of our holiday ran smoothly and without worry and at all times we felt that we were in very good hands which made for a truly memorable and enjoyable holiday. Since returning home I have had no hesitation in recommending you to my friends. **John Foster and Family***